Dear Parents and Families,

I hope that you and your students are looking forward to spring break! Whether your student is going home, staying on campus, traveling elsewhere, or just catching up on sleep, I think it is fair to say that most Carls are
We have been giving a lot of thought this year to ways in which we can support student mental health and wellness. You may recall that as part of our planning process for Carleton 2033: The Liberal Arts in Action, we appointed a task force on Student Mental Health and Wellbeing. Chaired by Director of Student Health and Counseling Marit Lysne, CSA President Quinn Buhman '24, and Professor Al Montero, the group submitted its report a few weeks ago, and we are already beginning to implement its recommendations.

Applications for Peer Leader positions open

Students were recently notified that applications are now open for the Peer Leader Program, a great way to develop leadership skills, connect with peers, and make an impact on the Carleton community. These 12 offices are looking for students who will work alongside staff to create programs, resources, and peer support for fellow students.

Students interested in applying should look on Handshake; applications close March 28. Learn more on the Student Life website.
Four Knights were recognized as the MIAC men's basketball coaches handed out their end-of-season awards for the 2023-24 season. Point guard Luke Harris '25 was voted the conference's Offensive Player of the Year. He was joined on the All-MIAC squad by forward Matt Banovetz '24. Forward Spencer Goetz '25 received All-MIAC honorable mention, while forward Sam Koelling '27 was selected as the Rookie of the Year.

Sydney Trentman '27 was named MIAC Pitcher of the Week for the second week in a row, becoming the first Knight to win the MIAC softball award twice in one season, and only the second to win it twice in a career. Trentman is among the top pitchers in NCAA D-III in several categories, and is tied for the lead in shutouts and ERA.
It's been a busy end to the season for indoor track and field! Competing in the MIAC Indoor Track Championships at the end of February, the women's team tied for fourth, while the men's team took home seventh. At the Wartburg Qualifier on March 2, Mary Blanchard '24 broke the Carleton team record while winning the 800-meter run. Blanchard is joined by Helen Cross '24, Sophie McManus '25, and Phoebe Ward '24 in heading to the NCAA D-III Championships this week in Virginia Beach—let's cheer them on!

Find more headlines, results, and the schedule for all varsity sports on the Carleton Knights website. You can find streaming coverage of Carleton sports on the MIAC Sports Network.

**Student art exhibitions on campus**

**Double Vision: Collaborative Observations in Drawings and Poems**
Observation is at the heart of arts practice courses: looking closely, interpreting, and recording what we see in material form. During Winter Term 2024, students in Eleanor Jensen's Observational Drawing (ARTS 110) and students in Susan Jaret McKinstry's Introduction to Creative Writing (ENGL 160), plus four guest writers, did an experimental collaborative project exploring how to see an object twice using technical skills and interpretive vision in two art forms. Each artist drew a personal object in pencil or pen, then met with a writer to examine the drawing and discuss the object's aesthetics and significance. The writer then created a poem sparked by the drawing and the conversation. The exhibit presents their objects in two media, their double vision of the art of close observation in images, lines, words, and forms.

**Freedom Then, Freedom Now: Black History and Protest Art**
Closing out this year's Black History Month, history students (HIST 126, “African American History II: 1865 until Today,”) synthesized their knowledge of African
Caitlin Sackrison, program director for career foundations American history and the ongoing Black Freedom Movement. In cooperation with the Department of Art and Art History, students created their own text-based letterpress works in reference to Amos Paul Kennedy, Jr.’s Rosa Parks series.

![Image of letterpress works]

**Career Center**

**Support your student's summer success**

When the Spring Term comes to a close and summer begins, many students find themselves busy with a summer internship, part-time job, research opportunity, or another activity that occupies their time. For many students, landing a summer opportunity can be difficult and overwhelming, especially when they are balancing schoolwork, activities, and life in college. We know as parents and guardians, you may want to help your student locate and secure a summer opportunity. Read more for some helpful tips as you talk to your student about their summer plans.

![Image of Caitlin Sackrison]

*Caitlin Sackrison, program director for career foundations*

**Upcoming Events**

**Carleton Connects: Professor Kathleen Ryor and botanical culture in premodern China**

**Thursday, March 7**

11 a.m. CST via Zoom
Flowers, plants, and botanical knowledge were fundamental to the culture of sixteenth- and seventeenth-century China, as paintings, poetry, medicine, and manuals for elegant living. Join art history and Asian studies professor Kathleen Ryor for an interdisciplinary approach to understanding the world of premodern China.

Supporting students
The Carleton Cupboard will open for spring break

The Carleton Cupboard's purpose is to provide food to students impacted by food insecurity and unable to purchase their own food during winter and spring breaks. In addition to helping alleviate hunger within the student community, the program aims to reduce the impact food insecurity has on the academic success of Carleton students.

Visit the Carleton Cupboard website to learn more about the Cupboard and how to support it with a donation. Students wishing to access the Cupboard should email Cathy Osterman to request an appointment.

Alumni Spotlight
Hudson Kingston ’05 awarded Minnesota Attorney of the Year

Kingston, legal director for CURE, is being recognized as part of the legal team that represented the East Phillips Neighborhood Institute (EPNI) in their case against the City
Useful Links

• Parent/Family Gateway
• Weekly Convocations
• Campus Calendar
• 2023-2024 Academic Calendar
• Make a gift to the Parents Fund