

Puffins



Fethaland



Jarlshof



Carleton
ALUMNI ADVENTURES

Explore the world

Hiking Scotland's Orkney & Shetland Islands

August 11-21, 2026 (11 days | 15 guests)
with Professor Alex Knodell



Eshaness, Shetland



This tour requires an elevated level of fitness.

Travel with Carleton Faculty and Alumni.

Carleton College Faculty Leader



Alex Knodell is Professor of Classics and Director of Archaeology at Carleton College, where he has been teaching since 2014. Professor Knodell is most

broadly interested in archaeological approaches to landscape, interaction, and long-term social change. He teaches courses on world prehistory, the archaeology of islands, and the ancient Mediterranean world. He has conducted archaeological fieldwork in the U.S., Guatemala, Jordan, and Greece, including several archaeological surveys that focus on the discovery, documentation, and interpretation of archaeological sites in their wider regional contexts. His most recent project is the Small Cycladic Islands Project, an NSF-funded research project that has systematically surveyed nearly 100 small, currently uninhabited islands in the Cycladic archipelago of Greece. This international collaboration focused on the identification of particular characteristics of human habitation and use in geographically marginal, small-island environments. His background as a survey archaeologist and research on the comparative archaeology of small islands make him particularly interested in Orkney and Shetland, which are home to some of Europe's most important prehistoric sites and archaeological landscapes spanning over 5,000 years.

Dear Carleton College alumni,

I invite you to **join Carleton College archaeologist Alex Knodell** on this unique hiking tour in Scotland's little-visited Orkney and Shetland Islands!

This is the perfect opportunity to **explore on foot Scotland's Northern Isles' amazing wealth of archaeological and geological sites, plus seabird colonies**. The Orkney and Shetland islands' rocks tell the whole story, spanning almost three billion years, and they boast a wealth of archaeological sites dating back 5,000 years. Together the islands have more than 18,000 known sites, with new discoveries being made every year. This archaeological saga is worth the telling, and nowhere else can the evidence be seen in more glorious a setting.

This active land tour features daily hikes that are easy to moderate in difficulty, so **to fully enjoy and visit all the sites on this itinerary one should be in good physical condition** (and, obviously, enjoy hiking!).

Highlights include:

- A private **virtual tour of the Ness of Brodgar excavations** and access to some of the finds. This ceremonial site in the "Heart of Neolithic Orkney" was in use for around 1,000 years and a 20-year excavation project was completed in 2024. The site is within the UNESCO World Heritage Site on Orkney, which also includes the chambered tomb of **Maeshowe**, estimated to have been constructed around 2700 B.C.; the **Stones of Stenness**; the 4,000-year-old **Ring of Brodgar**, one of Europe's finest Neolithic monuments; **Skara Brae** settlement; and associated funerary monuments and stone settings. These are unquestionably among the most important Neolithic sites in western Europe.
- "The Crucible of Iron Age Shetland"—including **Mousa Broch**, the best-preserved known broch in the world, **Old Scatness**, and **Jarlshof**—where the lack of intensive modern farming means that the preservation of these sites and their landscapes is exceptional.
- **Eshaness**, with some of the most spectacular coastal scenery in the Northern Isles. Its cliffs that we see today cut right through the flank of a long-extinct volcano.
- **Birdwatching** in the Isles, one of the major seabird breeding and feeding areas in the North Atlantic, where more than a million birds breed in very large colonies.

All meals are included, and you will enjoy **comfortable accommodations**: three nights at the elegant *Lynnfield Hotel* on Orkney; four nights at the remote, charming *Busta House Hotel*; and two nights aboard a comfortable overnight ferry from Orkney to Shetland and from Shetland to Aberdeen.

With a group of 15 participants, **two local guides and a tour manager** will accompany our group. Our guides will explain in advance the difficulty of each day's hike(s) and, if you prefer, you can opt out of any hiking excursion but, bear in mind that a few sites can only be visited if you approach them by foot. ***The hiking duration for each day is estimated within the following itinerary.***

We hope you will join us!

Rebecca Ditsch '93
President, Carleton Alumni Council



"I enjoyed the company of fellow Carls. The leadership of the trip was superb. I loved the educational aspects, particularly the neolithic history. The food was fabulous at the Orkney hotel. Countryside was beautiful. An excellent trip."

- Stephen, New York

ITINERARY

(B)= Breakfast • (L)= Lunch • (D)= Dinner

Tuesday, August 11, 2026: Depart home

Wednesday, August 12: Aberdeen, Scotland | Flight to Kirkwall, Orkney | Introductory meeting

Arrive in Scotland at Aberdeen International Airport (ABZ), at no later than 2 pm, where you will meet your tour manager and fellow travelers to take a group flight to Kirkwall, Orkney, later this afternoon. Upon arrival, we transfer to our hotel and settle in. Gather for an introductory meeting before dinner. *Three nights at the 4-star [Lynnfield Hotel](#).* (D)

Thursday, August 13: Neolithic Orkney | Welcome dinner

Distance: 2 mi. Height climbed: negligible

For centuries, people have assumed that the Ring of Brodgar and the Standing Stones of Stenness were the main Neolithic focus of this area, but recently completed excavations at the Ness of Brodgar question that interpretation. The stone circles might have been merely on the periphery of the true ceremonial center—a massive ceremonial complex that, in its heyday, must have completely dominated the landscape. After breakfast, we will visit several important Neolithic sites on mainland Orkney, from the Ring of Brodgar to the Stones of Stenness and Maeshowe, which is Britain's largest chambered cairn. We will also take a private virtual tour of the Ness of Brodgar excavations that ended in 2024. Return to our hotel and then gather this evening for a welcome dinner. (B,L,D)

Friday, August 14: Ferry to the Isle of Hoy: Dwarfie Stane, Old Man of Hoy | Ferry to Kirkwall

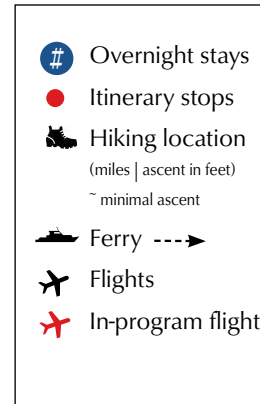
Distance total: 6.75 mi. Heights climbed: 100 & 720 ft.

This morning, we will take the ferry to Hoy, the highest and wildest of all Orkney Islands. Our walk will take us to the 5,000-year-old monument known as the Dwarfie Stane, an immense block of sandstone lying within a natural amphitheater. This is the only example in northern Europe of a rock-cut tomb similar to the chamber tombs of the Mediterranean. Drive through a glen, along what could be burial mounds, to Rackwick, from where we will walk to the world-famous sea stack (at 450 ft.) known as The Old Man of Hoy. Return by ferry to Kirkwall, mainland Orkney. Freshen up at our hotel before gathering for dinner this evening. (B,L,D)

Saturday, August 15: Skara Brae | Broch of Borwick | Kirkwall | Ferry to Shetland

Distance: 3 mi. Height climbed: 360 ft.

We start the day with a visit to Skara Brae, possibly Orkney's most exciting archaeological site, which was buried by a sandstorm in about 2450 B.C. It was well preserved and then revealed by another storm in 1850. This, the "Heart of Neolithic Orkney," which also includes the Ring of Brodgar, the Stones of Stenness, and Maeshowe (sites we visited on August 13th), was inscribed as a UNESCO World Heritage Site in 1999. Walk south



Skara Brae, a late Neolithic settlement

along the spectacular coast with geos, natural arches, caves, and sea stacks, visiting en route the Broch of Borwick, perched high on a headland. Return to Kirkwall, the “capital of Orkney,” for some time at leisure. We will gather for dinner before we embark the *overnight ferry from Kirkwall to Lerwick* at about 11 pm. (B,L,D)

Sunday, August 16: Lerwick, Shetland | Old Scatness | Isle of Mousa | Brae, North Mainland

Distance: 4 mi. Height climbed: 250 ft.

We arrive in Lerwick in the morning, after breakfast on the ferry. Travel south today, visiting Old Scatness Broch and Iron Age village. This is part of the crucible of Iron Age Shetland, also including Mousa Broch and Jarlshof (a site we will visit on August 20th), that was added by UNESCO in 2012 to the Tentative List of cultural World Heritage Sites. In the afternoon we will take a boat to the uninhabited Isle of Mousa, which is famous for its Iron Age broch—the world’s best preserved Pictish broch. It rises to 40 feet, and the skill and accuracy of its builders has resulted in a 2,000-year-old construction that appears today as though the builders have just laid the last stone and gone home for the night. Back on mainland Shetland, we will transfer to our hotel, located near Brae. *Four nights at the 3-star [Busta House Hotel](#).* (B,L,D)

Monday, August 17: Isle of Unst | Brae

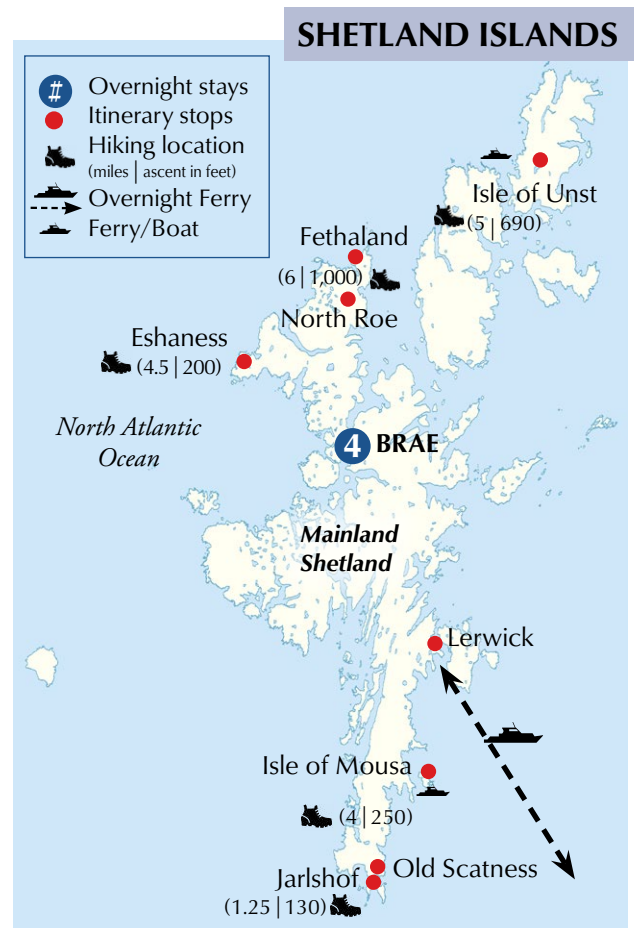
Distance total: 5 mi. Heights climbed: 165 & 525 ft.

This morning, we take the ferry to the Isle of Unst, where the excavation of three Viking/Late Norse settlements forms the center of the much larger, multi-faceted Viking Unst project. A replica longhouse has been constructed, adjacent to which the replica longship, the *Skidbladner*, is a copy of the 9th-century *Gokstad* that was discovered in Vestfold, Norway. We also visit Hermaness, the northernmost cliffs of the British Isles, which are home to over 100,000 breeding seabirds. Return to mainland Shetland and gather this evening for dinner. (B,L,D)

Tuesday, August 18: North Roe | Fethaland | Brae

Distance: 6 mi. Height climbed: 1,000 ft.

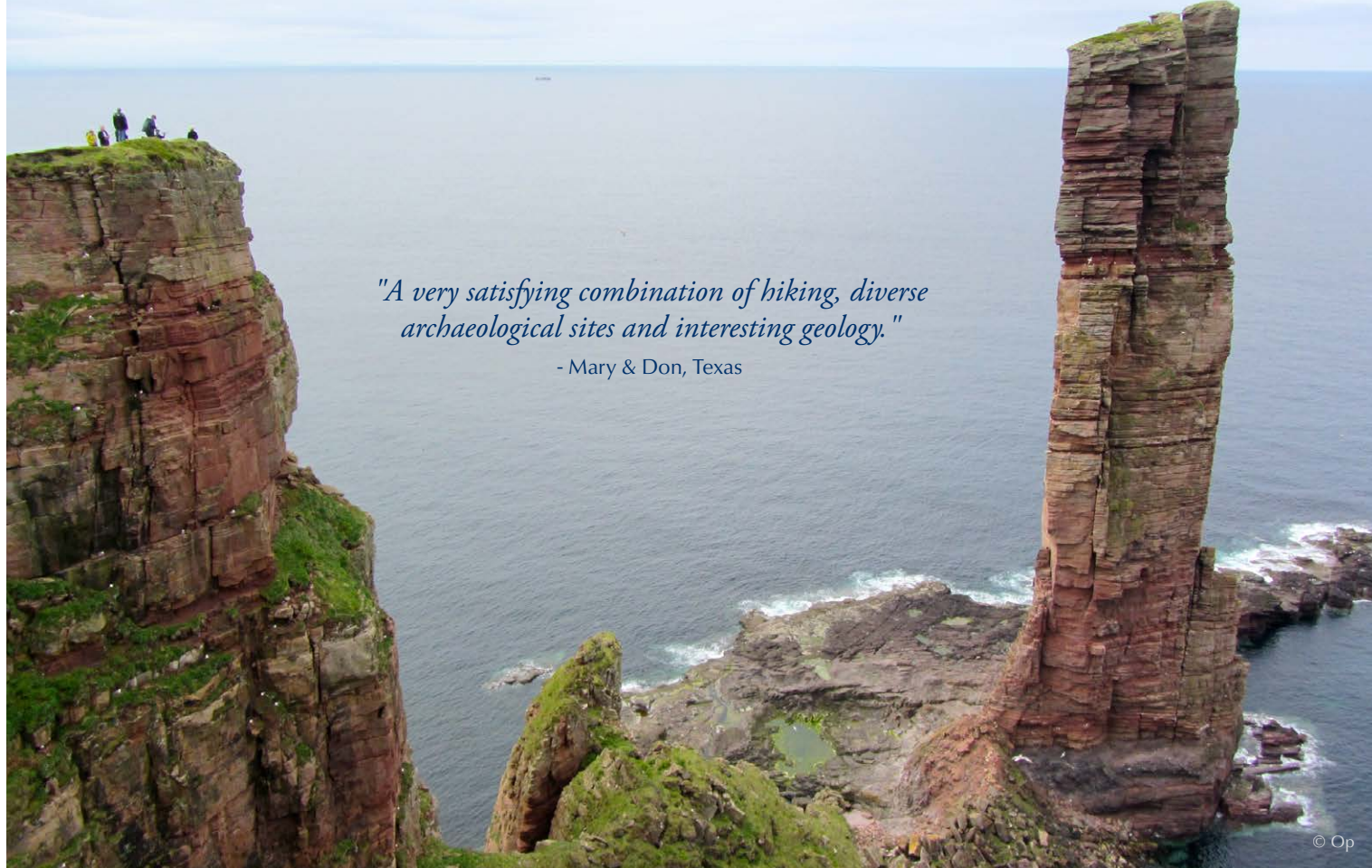
Fethaland is the northernmost part of Shetland’s mainland. We walk to a ruined Haaf (meaning “open sea”) fishing station dating from the 18th and 19th centuries. The ever-enterprising lairds established this and other Haaf fishing stations on remote northwestern parts of Shetland to profit from the catch of ling and cod during the summer months. Extremely brave fishermen ventured out (50 miles) into the Atlantic Ocean in open boats called sixareens. Set within the fishing station are a large, circular Neolithic house and a ruined Iron Age broch. Other places of interest that we will encounter during our walk are a Viking soapstone quarry, and a 6th-century chapel site and settlement, both situated on precarious headlands. Return to our hotel and gather for dinner. (B,L,D)



Above: Old Scatness

Below: A view of Muckle Flugga lighthouse, Isle of Unst, Shetland





"A very satisfying combination of hiking, diverse archaeological sites and interesting geology."

- Mary & Don, Texas

The Old Man of Hoy stands 450 ft. high in the Orkney Islands.

Wednesday, August 19: Eshaness | Brae | Farewell dinner

Distance 4.5 mi. Height climbed: 200 ft.

The Eshaness peninsula tells a fascinating story of a long-extinct volcano. The spectacular cliffs we see today cut right through the flank of what was the Eshaness volcano. The sea has exploited cracks in the volcanic bedrock to carve out the dramatic array of stacks, geos, and blowholes, including the Hols o Scraada (Old Scratch, or the Devil), which were formed when the roof caved in at the end of a deep and narrow sea cave stretching more than 100 yards from the coast. There is also archaeology on Eshaness: a broch and remains of horizontal water mills. In the afternoon, we will visit the Tangwick Haa Museum, with exhibits about local history. Gather this evening for a farewell dinner. (B,L,D)



Fethaland, Shetland

Thursday, August 20: Jarlshof | Lerwick | Ferry to Aberdeen

Distance 1.25 mi. Height climbed: 130 ft.

This morning we will check out of our hotel and travel south for a visit to Jarlshof, an archaeological site that was occupied for more than 4,000 years. There is a remarkable sequence of stone structures: late Neolithic houses, a Bronze Age village, an Iron Age broch and wheelhouses, a Norse longhouse, a medieval farmstead, and a 16th-century laird's house. We will then drive to Lerwick. You will have some free time to explore its shops, and the excellent Shetland Museum & Archives, before we take the *overnight ferry to Aberdeen* at about 5:30 pm. We will have dinner aboard the ferry. (B,L,D)

Friday, August 21: Aberdeen | Fly home

Arrive in Aberdeen this morning, and transfer to Aberdeen International Airport (ABZ) for independent flights homeward. Flights should depart Aberdeen no earlier than 11 am. (B)



Lerwick, Shetland

Accommodations



Kirkwall, Orkney: *Three nights at the 4-star Lynnfield Hotel*

The Lynnfield is centrally located and in an ideal position to tour Orkney. Adjacent to the world famous Highland Park Distillery, it has spectacular views looking out over Kirkwall to the north isles. The restaurant's excellent menus change daily to accommodate deliveries of fresh local ingredients.



Kirkwall to Lerwick and Lerwick to Aberdeen:

Two nights total in cabins on an overnight ferry. Travelers will overnight in two-berth, outside cabins, and single travelers will have a two-berth cabin for single occupancy. We will have access to the comfortable Magnus Lounge during the journey. Meals will be served.

NOTE: All the other ferry crossings will be between 10 and 30 minutes each. On those ferries, passenger lounges and rest rooms are available.



Brae, Shetland: *Four nights at the 3-star Busta House Hotel*

The oldest part of the house was built in 1588, and it was extended in the 17th and 18th centuries. All of the bedrooms are named after islands around mainland Shetland and are individually decorated to give each a unique character. The cuisine features lots of local produce.

What to Expect



HIGHLY ACTIVE: Must be able to walk or be on your feet for most of the day; keep a steady group pace; and navigate uneven terrain, and up and down inclines and steps.

This is a good introduction to hiking in Scotland for people with basic fitness, combining hiking and visits to archaeological sites. Most hiking will be on paths, tracks, or quiet roads, although the surfaces can be wet and rough. There will be some steep sections along the way, but no climbs greater than 1,000 feet, even in total. Daily walking distances will not exceed seven miles, with varying amounts of ascent, and we do not expect to hike for longer than four hours at a time. The actual itinerary is subject to variables such as the abilities and interests of the group and the weather conditions. The local guides know the area very well, and an easier alternative hike is possible on most days. All participants will be required to follow safety/sanitization protocols set forth by Sponsors/Operator, local staff, and host country laws. Any participant showing signs of illness will be asked to wear a mask while in close proximity to others. If the tour manager decides that a participant cannot participate in a hike or visit a site safely or in a timely manner, their judgment will be final. Where possible, an alternate activity may be suggested; additional costs may apply. If you have any questions about your ability to participate, we suggest that you visit your personal physician with this brochure in hand and discuss whether or not this program is appropriate for you. Lunches will be packed and eaten (mostly outside) at appropriate points during excursions/hikes. Hotels have been chosen for their excellent locations and generous comfort. Average daytime temperatures at the time of our visit will range from the mid-50s to mid-60s F, with a fair chance of some precipitation and an average breeze of 14 mph. *Complete pre-departure details will be sent to participants.*



Alumni Adventures is a proud member of Sustainable Travel International, a globally recognized organization dedicated to promoting sustainable tourism practices. This partnership highlights our commitment to responsible travel. Join us in our efforts by using our easy carbon footprint calculator to estimate your travel emissions and purchase carbon offsets. Learn more at www.carleton.edu/alumni/adventures/sustainable-travel/



Gannets



Isle of Mousa



Broch of Borwick

Tour Prices Per Person (9 Nights)

Double Occupancy (12 to 15 participants)..... \$8,045

Single Supplement..... \$1,395

Single room supplement will be charged when requested or required (limited availability).

With fewer than 12 participants, a small group surcharge may be added.

Prices Include:

- Leadership of Carleton College Professor Alex Knodell and services of local guides/drivers and a tour manager
- Seven nights' accommodations in finest available hotels, as per the itinerary, and two nights total aboard an overnight ferry
- In-program flight from Aberdeen to Kirkwall on arrival date, and group transfer from the ferry terminal to Aberdeen airport on departure date
- All meals as indicated, including water; and welcome and farewell dinners with drinks
- All excursions and entrance fees as per the itinerary
- Surface transportation by air-conditioned vehicle, with filtered water provided; two ferry transfers; and one boat ride
- All gratuities to hotel and restaurant staff and porters, tour manager, and guides/drivers
- Baggage handling at hotels (one bag per person)
- Comprehensive pre-departure information, including a suggested reading/media guide and packing list

Flights & Transfers

Round-trip airfare between home and Aberdeen, Scotland (ABZ), is not included. You will be met at Aberdeen International Airport upon arrival and fly as a group to Kirkwall. The in-program group flight from Aberdeen to Kirkwall is included and will be booked for you. A group transfer from the ferry terminal to Aberdeen Airport is included on the departure date (time TBD). Your flight itinerary from/to home must be provided to our office prior to the start of the tour. Once you have received your final payment invoice, you should book your flights. If you are considering booking non-refundable airline tickets before this time, please contact Alumni Adventures first. Valerie Wilson Travel, Inc. can assist with flight arrangements for this tour. You may contact them directly at 866-200-6172 or email studytours@vwti.com. Alternatively, you are welcome to book your flights independently or through your preferred travel agent. Your flight itinerary must be provided to our office prior to departure. *We do not accept any liability for cancellation penalties related to domestic or international airline tickets.*

Prices Do Not Include: Airfare from/to home; passport and visa fees; all airport fees and departure taxes; Electronic Travel Authorization (ETA) if applicable; cost of personal, trip cancellation, and baggage insurance; transportation of excess baggage; personal tips; items of a personal nature, such as laundry, medical expenses, taxi, telephone, and fax charges; meals and alcoholic or other beverages (except as noted); deviations from scheduled tour; other items not listed as included.

Payments: A deposit of \$1,000 per person is required to reserve your space on the tour and is payable by Visa, MasterCard, American Express, or check made payable to "Eos CAA-Scotland8/26." Final payment is due 90 days prior to departure and must be by check, ACH transfer, or wire transfer only; credit cards are not accepted for final payment. By submitting your deposit you are bound by the terms and conditions delineated throughout this brochure or elsewhere published.

Participant Cancellation Fees: All requests by participants for cancellations must be received in writing by Alumni Adventures. The following cancellation terms will apply based on when the cancellation is received:

- On or before February 12, 2026: Deposit is refunded less a cancellation fee of \$250 per person.
- February 13 – May 12, 2026: Forfeit the full deposit of \$1,000 per person.
- May 13 – 27, 2026: Cancellation fee equal to 50% of the tour cost.
- On or after May 28, 2026: No refund.

For this and other reasons, participants are strongly encouraged to purchase trip cancellation insurance. Information will be provided with confirmation of receipt of your deposit.

Note: Prices, leader, accommodations, and itinerary are subject to change. Prices quoted are based on group participation and no refunds will be made for any part of the program in which you choose not to participate. It is understood that refunds cannot be made to participants who do not complete the tour for whatever reason.

Prices are based on tariffs and exchange rates in effect at the time of publication and are subject to change prior to departure. Substantial changes in tariffs, exchange rates, the price of fuel, services, and labor may increase the cost of arrangements significantly, and we reserve the right to alter our prices.

Due to space limitations, this is abbreviated information. Complete terms and conditions are available upon confirmation or upon request and can be viewed online at carleton.edu/alumni/adventures.



For questions, and to reserve your space, please contact Alumni Adventures at:

800-811-7244 | Toll: 603-756-4844 | Fax: 603-756-2922 | carleton@studytours.org | carleton.edu/alumni/adventures

P.O. Box 938, 47 Main Street, Suite One, Walpole, NH 03608

PO Box 938, 47 Main Street, Suite One, Walpole, NH 03608

Standing Stones of Stenness



"The best part of the trip was sharing the adventure with Carleton alums — such an interesting, intelligent and nice group of people!"

- Sarah, New Jersey

Hiking Scotland's Orkney & Shetland Islands

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with Professor Alex Knodell

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This tour requires an elevated level of fitness.

To fill out an online reservation form, [click here](#). Or, print and mail or fax this form to the address below.



RESERVATION FORM

Hiking Scotland's Orkney & Shetland Islands

August 11-21, 2026 (11 days | 15 guests)
with Professor Alex Knodell

To hold your reservation for seven days while this form and your deposit are in the mail, please contact us at 800-811-7244 or carleton@studytours.org.

Participant Name 1 _____ Carleton Class of: _____
(as it appears on passport)

Participant Name 2 _____ Carleton Class of: _____
(as it appears on passport)

Address _____

City _____ State _____ Zip _____

Phone (home) _____ Phone (cell) _____

Email(s) _____ | _____

☐ I/We have read the 'What to Expect' section and am/are physically able to participate fully on the program.

Are you traveling with any other parties on this program? Yes, _____

How did you hear about this tour? ☐ eNewsletter ☐ mailing ☐ website ☐ friends/family ☐ other _____

ACCOMMODATIONS:

(Accommodation preferences are not guaranteed.)

☐ Double (one bed) ☐ Twin (two beds) ☐ Single

☐ I will be sharing with: _____

☐ Share - please assign a roommate (not guaranteed)

☐ Please share my contact information with potential roommate(s).

RESERVATIONS & PAYMENT:

A deposit of \$1,000 per person is required to confirm a reservation. Final payment is due 90 days prior to departure.
Please note that credit cards are not accepted for final payment. All prices and payments are in U.S. dollars.

DEPOSIT TYPE (PLEASE CHECK ONE):

☐ Check payable to: Eos CAA-Scotland8/26 ☐ Visa ☐ Master Card ☐ American Express ☐ Already paid by phone

CC# _____

Exp. Date _____ 3- or 4-Digit Code _____

Name on Card _____

Please complete this reservation form, choose/enclose your method of deposit, and sign the release statement below.
Submit via email, mail, or fax to:

Carleton Alumni Adventures - P.O. Box 938, Walpole, NH 03608-0938

Fax: 603-756-2922 • Email: carleton@studytours.org

By signing this form, you are acknowledging that you have read and agree to all Terms & Conditions delineated throughout.

Signature (participant #1) _____ Date _____

Signature (participant #2) _____ Date _____

TERMS AND CONDITIONS, RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND DISPUTE RESOLUTION AGREEMENT

RESPONSIBILITY: Carleton College and its agent, Eos Study Tours, and its and their employees, shareholders, subsidiaries, affiliates, officers, directors or trustees, successors, and assigns (hereinafter "Sponsors/Operator"), and the tour operator and/or its agents (collectively "Sponsors/Operator") do not own or operate any entity which is to or does provide goods or services for your trip including, for example, lodging facilities; airline, vessel, or other transportation companies; guides or guide services; local ground operators; providers or organizers of optional excursions; food service or entertainment providers; etc. All such persons and entities are independent contractors. As a result, Sponsors/Operator are not liable for any negligent or willful act or failure to act of any such person or of any other third party. In addition and without limitation, Sponsors/Operator are not responsible for any injury, loss, death, inconvenience, delay, or damage to person or property in connection with the provision of any goods or services whether resulting from, but not limited to, acts of force majeure; acts of God; acts of government; acts of war or civil unrest, insurrection, or revolt; bites from or attacks by animals, insects, or pests; strikes or other labor activities; criminal or terrorist activities of any kind or the threat thereof; sickness, illness, epidemics, pandemics, or the threat thereof; the lack of availability of or access to medical attention or the quality thereof; overbooking or downgrading of accommodations; mechanical or other failure of airplanes, vessels, or other means of transportation; or for any failure of any transportation mechanism to arrive or depart timely or safely. In addition, Sponsors/Operator are not liable for their own negligence, and participant assumes all risk thereof. **CHANGES IN ITINERARY OR FEATURES:** Sponsors/Operator reserve the right to change the itinerary or trip features at any time and for any reason, with or without notice, and Sponsors/Operator shall not be liable for any loss of any kind as a result of any such changes. Sponsors/Operator are not required to cancel any trip for any reason including, without limitation, United States Department of State, World Health Organization, or other Warnings or Advisories of any kind. Sponsors/Operator are not responsible for penalties assessed by air carriers resulting from operational and/or itinerary changes, even if Sponsors/Operator make the flight arrangements or cancel the trip. Sponsors/Operator reserve the right to substitute hotels or attractions of a similar category for those listed in this brochure. **LUGGAGE:** Luggage allowance policies are set by the airlines and may change without prior notice. **PHYSICAL ACCESSIBILITY:** All programs require physical independence and mobility. Any physical or mental condition that may require special medical attention or physical assistance must be reported in writing when you make your reservation. Participants must be able to embark or disembark transportation vehicles, stand for extended periods, climb stairs, and step over raised thresholds all without assistance. All participants will be required to follow safety/sanitization protocols set forth by Sponsors/Operator, local staff, and host country laws, and any participant who refuses to follow protocols may be asked to leave the program with no refunds provided. **REFUNDS:** Prices quoted are based on group participation. No refunds will be made for any part of the program in which a participant chooses not to participate. Refunds cannot be made to participants who do not complete the tour for any reason, nor to participants whose entry into any country or aboard any transportation vehicle, including airplanes and cruise ships, is delayed or denied. **TOUR CANCELLATIONS AND REFUNDS:** Sponsors/Operator reserve the right to cancel this tour prior to departure, in which case payment will be refunded without further obligation on our part unless trip cancellation, itinerary changes, and/or delays are mandated by causes beyond our control, in which case the participant shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by Sponsors/Operator, or else receiving a refund of as much of such advance tour expenditures as Sponsors/Operator are able to recover on the participant's behalf from carriers, third-party tour vendors, etc. Sponsors/Operator, however, shall not have any obligation or liability to the participant beyond the foregoing. **TRIP INSURANCE:** Sponsors/Operator strongly recommend that participants purchase trip cancellation insurance. In the event that you must cancel your participation, trip cancellation insurance may be the only source of reimbursement. Trip cancellation insurance is available through

Sponsors/Operator and others and covers certain expenses in conjunction with cancellation due to illness or accident and damaged or lost luggage. Sponsors/Operator will send participants an application upon receipt of their reservation. **PRICES:** Prices quoted are based on fares in effect at the time of publication and are subject to changes at any time. On all programs, even after full payment, Sponsors/Operator reserve the right to increase the tour price in the event of cost increases due to changes in supplier costs, tax increases, currency fluctuations, or fuel and energy surcharges, and all such increases are to be paid to Sponsors/Operator upon notice to the participant. **FORUM AND METHODOLOGY FOR DISPUTE RESOLUTION:** Any dispute or claim which refers or relates to this contract, any literature related to the trip, or the trip itself shall be litigated solely and exclusively in and for courts in Keene, New Hampshire, subject to substantive and procedural New Hampshire law, and for this limited purpose, the parties agree to exclusive venue and personal jurisdiction therein. At the participant's option, however, in lieu of litigation, Sponsors/Operator will agree to dispute resolution in Keene, New Hampshire, subject to substantive, but not procedural, New Hampshire law, pursuant to the then existing commercial rules of the American Arbitration Association. In any such arbitration, the arbitrator, and not any federal, state, or local court or agency, shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. **U.S. STATE DEPARTMENT & CENTERS FOR DISEASE CONTROL:** Both the Centers for Disease Control and U.S. State Department publish and update important country-specific information for travelers. We strongly recommend that you review them. They can presently be found at: <https://wwwnc.cdc.gov/travel/notices> and <https://travel.state.gov/content/passports/en/alertswarnings.html>. **ASSUMPTION OF RISK:** Participants agree to fully accept all known and unknown risks, including the potential risk of exposure to respiratory illnesses or other illnesses, viruses, diseases, or conditions. Participants understand and agree to hold Sponsors/Operator, their officers, vendors and suppliers harmless and not liable for any real or perceived symptoms of any disease, virus, illness, or condition, nor for exacerbating any existing symptoms of any illness, virus, disease or condition, quarantine requirements, disability, and other short-term and long-term health effects, including death. **MISCELLANEOUS:** Participants should not purchase airline tickets prior to receiving their final payment invoice so as to avoid airline cancellation penalties if a tour is canceled or otherwise modified subsequent to the participant's purchase of those tickets. Baggage and personal effects are at all times the sole responsibility of the participant. If weather, flight schedules, or other uncontrollable factors, such as those related to customs and immigration, require you to spend (an) additional night(s), you will be responsible for your own hotel, transfer, and meal costs. Baggage is entirely at owner's risk. Sponsors/Operator reserve the right to decline to accept or retain any participant at any time. The right is reserved to decline to accept as a participant, or remove from a trip, without refund, any person it judges to be incapable of meeting the rigors and requirements of participating in the activities, or who is abusive to other trip participants, leaders, or third parties, or who is determined to detract from the enjoyment of the trip by others. Specific room assignments are within the sole discretion of the hotel. **APPEARING IN PHOTOS:** Photos from Alumni Adventures' trips may be posted on photo-sharing web sites or on social networking sites. Your likeness may appear in some photos or videos, posted either by other travelers or tour lecturers/guides, and the circulation of the materials could be worldwide. Trip photos may also be selected to appear in future Alumni Adventures promotions; no compensation is available for appearing in a trip photo used for promotional purposes. **ACCEPTANCE OF CONTRACT:** By forwarding of deposit, the participant certifies that he/she agrees with these terms and conditions, and accepts the terms contained in these Terms and Conditions, Release of Liability, Assumption of Risk and Dispute Resolution Agreement. The participant affirms that he/she has not received or relied upon any oral representation of Sponsors/Operator as a basis for executing this Release.