Traditions of Crete

Minoan Ruins - Venetian Ports - Food & Wine

September 1-11, 2023 (11 days) with Professor Clara Hardy

“I really liked all the places that we visited, our guides were fabulous, and the group of Carls were a great bunch.” - Randy, Chicago

Travel with Carleton Alumni, Family, and Friends
Dear Carleton College alumni and friends,

I invite you to join popular Carleton faculty leader and Classicist Clara Hardy to explore the Greek island of Crete, bursting with ancient ruins, historic towns, and cities; gorgeous mountains, plains, gorges, and coastline; and delicious local food and wines. Professor Hardy has led previous Alumni Adventures in Greece and has explored Crete extensively. You and she will be joined by a wonderful local guide plus an expert tour manager to handle all of the logistics.

Spend nine nights in three comfortable, four- and five-star hotels that are ideal for exploring or relaxing. Our hotel in Rethymnon is close to the beach and, en route to Chania, you will have a chance to swim and relax at the lovely beach at Kalyves.

Highlights are many and varied:

• Learn about ancient Crete’s civilization, with visits to the Bronze Age Minoan palaces at Phaistos and Knossos, the latter associated with the myth of the Minotaur and labyrinth, as well as to the famous Greco-Roman site of Gortyn.

• Explore the Cretan winemaking tradition, from a visit to the ancient Minoan site of Vathypetro, with what is thought to be one of the world’s oldest wine presses, to visiting two modern-day wineries—one specializing in organic wines and the other a local family-run winery—and touring their vineyards.

• Meander through some of Crete’s best-preserved medieval towns—Heraklion, Rethymnon, and Chania—including a visit to Rethymnon’s 16th-century Fortezza, one of Greece’s largest and best-preserved Venetian fortress/citadels.

• Marvel at the diverse, natural beauty of the island during hikes in the lush ravine of Spiliotissa Gorge, through orange and olive groves; and to the cavernous temple of St. Anthony in Agios Antonios Gorge.

• Meet local artisans at the Venetian potters’ village of Margarites, and in Rethymnon where you will see how baklava and musical instruments are made.

• Enjoy a variety of local foods and culinary experiences, such as a cooking class at a traditional taverna, a farm visit to taste fresh, wood-fired-oven-baked bread and learn how the spirit raki is made, and an olive oil tasting at an active monastery that is known for producing olive oil, honey, and vinegar.

This program is limited to no more than 20 Carls and friends, so I encourage you to contact the Alumni Adventures office at (800) 811-7244 or carleton@studytours.org to reserve your space today.

Sincerely,

Micah Evans ’02
President, Carleton Alumni Council
Carleton College Faculty Leader

Clara Hardy has taught Classics at Carleton since 1990. Her current research is on the performance of drama in Athens and Rome, and her recent book is entitled *Athens 415: The City in Crisis* (U. Michigan Press). Clara regularly teaches courses on gender and sexuality, classical mythology, and ancient drama, and has collaborated extensively with Ruth Weiner (Theater), most recently on productions of Euripides and Aeschylus at Carleton. She has explored Crete extensively, and is eager to share her love for the food, people, history, and mythology of this amazing island.

**ITINERARY**

(B)= Breakfast, (L)= Lunch, (R)= Reception, (D)= Dinner

Friday, September 1, 2023: Depart home

Saturday, September 2: Arrive Heraklion, Crete, Greece | Welcome reception

Upon arrival at Heraklion International Airport (HER), you are met for a private transfer to our hotel. Take some time to relax and settle in. Gather this evening for an introductory welcome reception with your faculty leader, tour manager, and local guide. Wine and hors d’oeuvres will be served. Dinner is on your own. *Overnight at the 5-star Megaron Historical Monument Hotel for three nights.* (R)

Sunday, September 3: Knossos | Heraklion: Archaeological Museum, walking tour | Welcome dinner

Set out this morning for a visit to the partially-reconstructed Minoan palace at Knossos, rich in imagination thanks not only to its associated myth of the Minotaur and labyrinth but also to the early 20th century excavation and reconstruction efforts of Sir Arthur Evans. Return to Heraklion for lunch, followed by a tour of its celebrated Archaeological Museum, which houses the world’s finest collection of Minoan art and artifacts. End the afternoon with a walking tour through Heraklion’s “old city,” surrounded by fortification walls initially built by the Arabs and later reinforced in the 15th century by the Venetians. Return to our hotel and freshen up before gathering for a welcome dinner. (B,L,D)

Monday, September 4: Vathypetro | Spiliotissa Gorge walk | Winery visit | Cooking class | Heraklion

This morning we drive to Vathypetro, a small Minoan site surrounded by vineyards, which has the remains of a 16th-century B.C. villa with a weaving loom, kiln, oil press, and what is thought to be one of the world’s oldest wine presses. Continue on to the village of Houdetsi and set out for a short walk (about one mile along a well-maintained trail) through the lush ravine of Spiliotissa Gorge to Agios Vasilios. Pass through orange and olive groves, see the Byzantine churches of
Saint John the Baptist and Saint Nicholas, two old grain mills, and the historic Sinai Monastery of Panagia Spiliotissa. Continue on to visit a local winery, specializing in organic wines, and see its vineyards. In the town of Archanes, lunch will be preceded by a cooking class with a charming local cook at a traditional taverna, where you will help create local Cretan dishes. We return to Heraklion and have the balance of the day at leisure. (B,L)

Tuesday, September 5: Gortyn | Phaistos | Voroi: Museum of Cretan Ethnology | Rethymnon

Begin the day with a visit to the famous Greco-Roman site of Gortyn, which became the dominant city in the region after the Minoan palace of Phaistos fell. It was the first city on Crete to accept Christianity and persisted into the 9th century A.D. Continue on to explore the ruins of the palace at Phaistos, a center of Minoan civilization that was destroyed in the 15th century B.C. Stop in the town of Voroi to visit the Museum of Cretan Ethnology and learn more about the people who have called this remarkable island home. Drive to Rethymnon, where we check-in to our hotel. Settle in and then gather for dinner this evening. *Overnight at the 4-star Theartemis Palace Hotel for four nights.* (B,L,D)

Wednesday, September 6: Margarites | Museum of Ancient Eleutherna | Rethymnon

Drive this morning to the Venetian potters’ village of Margarites, renowned for its long tradition in pottery making. We will visit a pottery workshop to learn about the local pottery techniques. Continue on to the Museum of Ancient Eleutherna, a small but very well done archaeological site museum that houses finds from the nearby site of Eleutherna. The site was significant during the Geometric and Archaic (pre-Classical) periods, and it claims a connection to Homer's *Iliad* given excavated evidence of the ritual funeral fires described by Homer. Return to Rethymnon for the balance of the day at leisure. (B,L)

Thursday, September 7: Rethymnon: walking tour

Take a morning walking tour of Rethymnon, one of the best-preserved old towns in Crete, with its narrow streets, arched doorways, and stone staircases, much of which dates to when the island was ruled for centuries by the Venetians and then the Ottomans. Meet local artisans to see how the pastry *baklava* and local musical instruments are made. Also visit the impressive, 16th-century Fortezza, one of the best preserved and one of the largest Venetian fortress/citadels in all of Greece. After lunch, the balance of the day is at leisure. (B,L)

"The lectures by professor Hardy were excellent... The people on the tour were great. Everything was wonderful."

- Karen, Minnesota
“It was a fantastic trip. Everything about it...was well planned and organized. The tour stops were all fascinating. And our travel companions were unbelievable.”

- Christopher, Montana
ACTIVE: Must be able to walk three or more miles per day on mostly uneven terrain, and up and down inclines and steps.

What to Expect

You must be able to make long walks, unassisted, over uneven terrain and up and down steps that may be steep and without handrails. Participants who are not able to walk or stand unassisted for extended periods are kindly advised not to join this tour. All participants are expected to be physically active and not be an impediment to others on excursions, to enjoy traveling as part of a group, and to be ready to experience cultural differences. If the tour manager decides that a participant cannot visit a site safely or in a timely manner, their judgment will be final. Where possible, an alternate activity may be suggested; additional costs may apply. All participants will be required to follow safety/sanitization protocols set forth by Sponsors/Operator, local staff, and host country laws. If you have any questions about your ability to participate, we suggest that you visit your personal physician with this brochure in hand and discuss whether or not this program is appropriate for you. Hotels have been chosen for their excellent locations and generous comfort. At the time of year that we visit this region the weather is generally sunny and pleasant, with average temperatures in the low 80s F during the day, dropping to the mid-60s at night. There is always a chance of light rain showers. Complete pre-departure details, including up-to-date Covid-related protocols, will be sent to participants.

Optional Independent Extension

SANTORINI | MYKONOS | DELOS

End your journey with additional nights in Santorini, or stay even longer and explore the islands of Mykonos and Delos.

On your final day in Crete, transfer from Chania to Heraklion where you will embark a high-speed ferry to Santorini, one of the world’s most breathtaking islands, with whitewashed houses and churches perched on cliffs. Explore Fira’s narrow cobbled streets lined with art galleries and craft and tourist shops, relax on the beach, or enjoy your hotel’s amenities. Optional excursions may be planned, such as a sunset cruise into Santorini’s caldera, including dinner and the opportunity to swim or snorkel; a tour of the Minoan town of Akrotiri, preserved for millennia under volcanic ash, now excavated and protected by a roof; and/or a tasting at a local winery and a drive up to the cliff-side village of Oia for panoramic views of the volcanic caldera and town of Fira below. You may also opt to take a ferry and stay additional nights on the island of Mykonos and perhaps add a day trip to Delos.

Pricing and additional options will be provided upon request. Reservations are subject to availability.

ACCOMMODATIONS

HERAKLION: Three nights at the 5-star Megaron Historical Monument Hotel

RETHYMNON: Four nights at the 4-star Theartemis Palace Hotel

CHANIA: Two nights at the 4-star Kydon the Heart City Hotel

For questions, and to reserve your space: 800-811-7244 or carleton@studytours.org • carleton.edu/alumni/adventures
### Tour Prices Per Person (9 nights)

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<tbody>
<tr>
<td>Double Occupancy (18-20 participants)</td>
<td>$5,945</td>
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<tr>
<td>Double Occupancy (15-17 participants)</td>
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<tr>
<td>Double Occupancy (12-14 participants)</td>
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<tr>
<td>Single Supplement</td>
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*Single room supplement will be charged when requested or required (limited availability). With fewer than 12 participants, a small group surcharge may be applied.*

### Prices Include:
- Carleton faculty leader Clara Hardy, a professional tour manager, and an expert local guide
- Accommodations for nine nights in 4- and 5-star hotels
- Delicious meals: buffet breakfasts daily, eight lunches, and four dinners including welcome and farewell dinners. Lunches and dinners include water/soft drinks, a choice of local beer/house wine, and coffee/tea.
- Individual arrival and departure airport transfers
- Surface transportation via air-conditioned motor coach with bottled water available at all times
- All gratuities for tour manager, local guide, hotel staff, and servers for included meals
- Baggage handling at hotels
- All sightseeing, entrance fees, and excursions as indicated in the itinerary; and all VAT and local taxes
- Comprehensive pre-departure information, including a suggested reading/media guide, travel guide, and packing list

### Flights & Transfers
Airfare from/to home is not included. Individual arrival transfers from Heraklion International Airport (HER) and departure transfers to Chania International Airport (CHQ) are provided. Your flight itinerary must be provided to our office prior to the tour. Once you have received your final payment invoice, you should book your flights. If you are considering booking non-refundable airline tickets before this time, please contact our office first. *We do not accept any liability for cancellation penalties related to domestic or international airline tickets.*

### Prices Do Not Include:
- Airfare from/to home; passport and visa fees; all airport fees and departure taxes; cost of personal, trip cancellation, and baggage insurance; transportation or cost of excess baggage; meals and beverages except as noted; personal tips; items of a personal nature, such as medical expenses, laundry, taxi, telephone, and fax charges; optional excursions or deviations from scheduled tour; and other items not listed as included.

### Payments:
A deposit of $1,000 per person is required to reserve your space on the tour and is payable by Visa, MasterCard, American Express, or check made payable to “EOS CC-Crete9/23.” Final payment is due 90 days prior to departure and must be by check, ACH transfer, or wire transfer only; credit cards are not accepted for final payment. By submitting your deposit, you are bound by the terms and conditions delineated throughout this brochure or elsewhere published.

### Participant Cancellation Fees:
All requests by participants for cancellations must be received in writing by Alumni Adventures. Cancellations received at least 180 days (March 5, 2023) prior to departure are fully refunded. Cancellations received from 179 through 90 days (June 3, 2023) prior to departure are refunded less a cancellation fee of $250 per person. Cancellations received from 89 through 61 days prior to departure are subject to a cancellation fee equal to 50% of the tour cost. Cancellations received 60 days or less prior to departure are subject to a cancellation fee of 100% of the tour cost. For this and other reasons, participants are strongly encouraged to purchase trip cancellation insurance. Information will be provided with confirmation of receipt of your deposit.

### Note:
Prices are based on tariffs and exchange rates in effect at the time of publication and are subject to change prior to departure. Substantial changes in tariffs, exchange rates, the price of fuel, services, and labor may increase the cost of arrangements significantly, and we reserve the right to alter our prices.

For questions, and to reserve your space, please contact Alumni Adventures at:
800-811-7244 | Toll: 603-756-4844 | Fax: 603-756-2922 | carleton@studytours.org | carleton.edu/alumni/adventures
P.O. Box 938, 47 Main Street, Suite One, Walpole, NH 03608
“The blend of Carleton learning, exploring, outdoor time, and adventures felt just right. I’m ready for my next Carleton travel adventure! I only wish I’d done a Carleton trip sooner!”

- Candace, Texas
To fill out an online reservation form, click here. Or, print and mail or fax this form to the address below.

--- RESERVATION FORM ---

TRADITIONS OF CRETE
Minoan Ruins - Venetian Ports - Food & Wine
September 1-11, 2023 (11 days) with Professor Clara Hardy

To hold your reservation for seven days while this form and your deposit are in the mail, please contact us at 800-811-7244 or carleton@studytours.org.

Participant Name 1   Carleton Class of: __________________________
(As it appears on passport)

Participant Name 2   Carleton Class of: __________________________
(As it appears on passport)

Address

City       State       Zip

Phone (home)       Phone (cell)

Email(s)

☐ I/We have read the ‘What to Expect’ section and am/are physically able to participate fully on the program.

Are you traveling with any other parties on this program? Yes, _____________________________________________________

☐ I/We are interested in an optional independent extension to Santorini (additional fee).

How did you hear about this tour? ☐ eNewsletter ☐ mailing ☐ website ☐ friends/family ☐ other __________________________

ACCOMMODATIONS:
(Accommodation preferences are not guaranteed.)

☐ Double (one bed) ☐ Twin (two beds) ☐ Single

☐ I will be sharing with: __________________________________ _______  ☐ Share - please assign a roommate (not guaranteed).

☐ Please share my contact information with potential roommate(s).

RESERVATIONS & PAYMENT:
A deposit of $1,000 per person is required to confirm a reservation. Final payment is due 90 days prior to departure. Please note that credit cards are not accepted for final payment. You will receive an invoice for final payment. All prices and payments are in US dollars.

DEPOSIT TYPE (PLEASE CHECK ONE):

☐ Check payable to: EOS CC-Crete9/23  ☐ Visa  ☐ Master Card  ☐ American Express  ☐ Already paid by phone

CC#  _______________  _______________  _______________
Exp. Date  3- or 4-Digit Code

Name on Card

Please complete this reservation form, choose/enclose your method of deposit, and sign the release statement.
Submit via email, mail, or fax to:

Carleton Alumni Adventures - P.O. Box 938, Walpole, NH 03608-0938
Fax: 603-756-2922 • Email: carleton@studytours.org

By signing this form, you are acknowledging that you have read and agree to all Terms & Conditions delineated throughout.

Signature (participant #1)  Date

Signature (participant #2)  Date
RESPONSIBILITY: Carleton College and its agent, Eos Study Tours, and its and their employees, shareholders, subsidiaries, affiliates, officers, directors or trustees, successors, and assigns (hereinafter “Sponsors”), and the tour operator and/or its agents (collectively “Sponsors/Operator”) do not own or operate any entity which is to or does provide goods or services for your trip including, for example, lodging facilities; airline, vessel, or other transportation companies; guides or guide services; local ground operators; providers or organizers of optional excursions; food service or entertainment providers; etc. All such persons and entities are independent contractors. As a result, Sponsors/Operator are not liable for any negligent or willful act or failure to act of any such person or of any other third party. In addition and without limitation, Sponsors/Operator are not responsible for any injury, loss, death, inconvenience, delay, or damage to person or property in connection with the provision of any goods or services whether resulting from, but not limited to, acts of force majeure; acts of God; acts of government; acts of war or civil unrest, insurrection, or revolt; bites from or attacks by animals, insects, or pests; strikes or other labor activities; criminal or terrorist activities of any kind or the threat thereof; sickness, illness, epidemics, pandemics, or the threat thereof; the lack of availability of or access to medical attention or the quality thereof; overbooking or downgrading of accommodations; mechanical or other failure of airplanes, vessels, or other means of transportation; or for any failure of any transportation mechanism to arrive or depart timely or safely. In addition, Sponsors/Operator are not liable for their own negligence, and participant assumes all risk thereof. CHANGES IN ITINERARY OR FEATURES: Sponsors/Operator reserve the right to change the itinerary or trip features at any time and for any reason, with or without notice, and Sponsors/Operator shall not be liable for any loss of any kind as a result of any such changes. Sponsors/Operator are not required to cancel any trip for any reason including, without limitation, United States Department of State, World Health Organization, or other Warnings or Advisories of any kind. Sponsors/Operator are not responsible for penalties assessed by air carriers resulting from operational and/or itinerary changes, even if Sponsors/Operator make the flight arrangements or cancel the trip. Sponsors/Operator reserve the right to substitute hotels or attractions of a similar category for those listed in this brochure. LUGGAGE: Luggage allowance policies are set by the airlines and may change without prior notice. PHYSICAL ACCESSIBILITY: All programs require physical independence and mobility. Any physical or mental condition that may require special medical attention or physical assistance must be reported in writing when you make your reservation. Participants must be able to embark or disembark transportation vehicles, stand for extended periods, climb stairs, step over raised thresholds, and perform all without assistance. All participants will be required to follow safety-sanitization protocols set forth by Sponsors/Operator, local staff, and host country laws, and any participant who refuses to follow protocols may be asked to leave the program with no refunds provided. REFUNDS: Prices quoted are based on group participation. No refunds will be made for any part of the program in which a participant chooses not to participate. Refunds cannot be made to participants who do not complete the tour for any reason, nor to participants whose entry into any country or aband transportation vehicle, including airplanes and cruise ships, is delayed or denied. TOUR CANCELLATIONS AND REFUNDS: Sponsors/Operator reserve the right to cancel this tour prior to departure, in which case payment will be refunded without further obligation on our part unless trip cancellation, itinerary changes, and/or delays are mandated by causes beyond our control, in which case the participant shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by Sponsors/Operator, or else receiving a refund of as much of such advance tour expenditures as Sponsors/Operator are able to recover on the participant’s behalf from carriers, third-party tour vendors, etc. Sponsors/Operator, however, shall not have any obligation or liability to the participant beyond the foregoing. TRIP INSURANCE: Sponsors/Operator strongly recommend that participants purchase trip cancellation insurance. In the event that you must cancel your participation, trip cancellation insurance may be the only source of reimbursement. Trip cancellation insurance is available through Sponsors/Operator and others and covers certain expenses in conjunction with cancellation due to illness or accident and damaged or lost luggage. Sponsors/Operator will send participants an application upon receipt of their reservation. PRICES: Prices quoted are based on fares in effect at the time of publication and are subject to changes at any time. On all programs, even after full payment, Sponsors/Operator reserve the right to increase the tour price in the event of cost increases due to changes in supplier costs, tax increases, currency fluctuations, or fuel and energy surcharges, and all such increases are to be paid to Sponsors/Operator upon notice to the participant. FORUM AND METHODOLOGY FOR DISPUTE RESOLUTION: Any dispute or claim which refers or relates to this contract, any litigation related to the trip, or the trip itself shall be litigated solely and exclusively in and for courts in Keene, New Hampshire, subject to substantive and procedural New Hampshire law, and for this limited purpose, the parties agree to exclusive venue and personal jurisdiction therein. At the participant’s option, however, in lieu of litigation, Sponsors/Operator will agree to dispute resolution in Keene, New Hampshire, subject to substantive, but not procedural, New Hampshire law, pursuant to the then existing commercial rules of the American Arbitration Association. In any such arbitration, the arbitrator, and not any federal, state, or local court or agency, shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. U.S. STATE DEPARTMENT & CENTERS FOR DISEASE CONTROL: Both the Centers for Disease Control and U.S. State Department publish and update important country-specific information for travelers. We strongly recommend that you review them. They can presently be found at: https://wwwnc.cdc.gov/travel/notices and https://travel.state.gov/content/passports/en/alertswarnings.html. ASSUMPTION OF RISK: Participants agree to fully accept all known and unknown risks, including the potential risk of exposure to respiratory illnesses or other illnesses, viruses, diseases, or conditions. Participants understand and agree to hold Sponsors/Operator, their officers, vendors and suppliers harmless and not liable for any real or perceived symptoms of any disease, virus, illness, or condition, nor for exacerbating any existing symptoms of any illness, virus, disease or condition, quarantine requirements, disability, and other short-term and long-term health effects, including death. MISCELLANEOUS: Participants should not purchase airline tickets prior to receiving their final payment invoice so as to avoid airline cancellation penalties if a tour is canceled or otherwise modified subsequent to the participant’s purchase of those tickets. Baggage and personal effects are at all times the sole responsibility of the participant. If, due to weather, flight schedules, or other uncontrollable factors, you are required to spend (an) additional night(s), you will be responsible for your own hotel, transfers, and meal costs. Baggage is entirely at owner’s risk. Sponsors/Operator reserve the right to decline to accept or retain any participant at any time. The right is reserved to decline to accept as a participant, or remove from a trip, without refund, any person it judges to be incapable of meeting the rigorous and requirements of participating in the activities, or who is abusive to other trip participants, leaders, or third parties, or who is determined to detract from the enjoyment of the trip by others. Specific room assignments are within the sole discretion of the hotel. APPEARING IN PHOTOS: Photos from Alumni Adventures’ trips may be posted on photo-sharing websites or on social networking sites. Your likeness may appear in some photos or videos, posted either by other travelers or tour lecturers/guides, and the circulation of the materials could be worldwide. Trip photos may also be selected to appear in future Alumni Adventures promotions; no compensation is available for appearing in a trip photo used for promotional purposes. ACCEPTANCE OF CONTRACT: By forwarding of deposit, the participant certifies that he/she agrees with these terms and conditions, and accepts the terms contained in these Terms and Conditions, Release of Liability, Assumption of Risk and Dispute Resolution Agreement. The participant affirms that he/she has not received or relied upon any oral representation of Sponsors/Operator as a basis for executing this Release.