Ancient Traditions of Japan’s Inland Sea

with Professor Emerita Kathryn Sparling & religions expert Musashi Tachikawa

featuring guest speaker
Emmy-winning news correspondent

Jim Laurie

aboard the exclusively chartered, small ship

Five-Star Le Soléal

April 18 to 29, 2023

Destinations including:
Kyoto
Hiroshima
Hagi
Matsue
Gyeongju
Okayama

BOOK WITH CONFIDENCE!
No cancellation fees for new bookings.*
Call (800) 811-7244 or visit www.carleton.edu/alumni/adventures/

EARLY BOOKING SAVINGS
UP TO $4,800 PER COUPLE!
BOOK BY SEPTEMBER 21, 2022
12 Day Itinerary

1. Depart home city
2. Osaka, Japan/Kyoto
3-4. Kyoto (2B,R)
5. Kyoto/Himeji/Embark LE SOLÉAL (B,L,D)
6. Hiroshima/Miyajima (B,L,R,D)
7. Hagi (B,L,D)
8. Sakaiminato for Matsue (B,L,D)
9. Ulsan, South Korea, for Gyeongju (B,L,D)
10. Moji, Japan (B,L,R,D)
11. Uno for Kurashiki/Okayama (B,L,D)
12. Osaka/Disembark ship/Return to home city (B)

Jim Laurie
A distinguished international broadcaster, writer, and media consultant who has witnessed defining moments in Asia’s history for more than 50 years, Jim Laurie first visited Japan as a young writer/reporter in 1970 before embarking as a war correspondent in Indochina. He served as ABC News bureau chief in Tokyo in the late 1980s. Laurie's Emmy Award winning documentary film, Myths Behind the Miracle, examined Japan’s economic success in the late 20th century and some of the social reasons that it could not be sustained.
Dear Carleton College Alumni and Friends,

From the ethereal temples, jewel box pagodas, and shogun castles of Kyoto, to the latticed merchant houses of Hagi’s earthen-walled samurai district, Japan’s ancient cities and towns hold an enigmatic fusion of religious rituals and spiritual symbolism. I invite you to join Professor Emerita Kathryn Sparling and religions expert Musashi Tachikawa on this carefully crafted itinerary that unveils Japan’s and South Korea’s cultural treasures and divine mystique in each port of call.

This 10-night journey provides unparalleled access to the region’s vast architectural riches, bountiful landscapes, and venerable heritage. Spend three nights in Japan’s spiritual and cultural capital, Kyoto, home to a sublime concentration of UNESCO World Heritage-designated historical monuments, including the celebrated temples of Kiyomizu-dera, Ryoan-ji, and Kinkaku-ji and the imposing Nijo Castle. Cruise for seven nights along the coast of the Inland Sea to South Korea onboard the exclusively chartered, five-star small ship Le Soleal—featuring only 110 ocean-view suites and staterooms.

Enjoy excursions to seven UNESCO World Heritage Sites, including the 17th-century Himeji Castle, Japan’s largest surviving feudal complex; Hiroshima’s poignant Peace Memorial Park; Miyajima’s Itsukushima Shrine; and in Gyeongju, South Korea, the ancient Silla Kingdom Royal Burial Mounds and the glorious Bulguksa Temple, the embodiment of Buddhist utopia on Earth. This program is an excellent value with five-star accommodations and daily excursions. Plus, Professors Sparling and Tachikawa will be part of a team of onboard experts who together will offer a series of lectures and informal discussions. We are sharing this voyage with other organizations, so we encourage you to book now while space and early booking savings are still available.

Sincerely,

Micah Evans ’02
President, Carleton Alumni Council

For more information on other Alumni Adventures, please visit www.carleton.edu/alumni/adventures.

Kathryn Sparling, Tanaka Memorial Professor of International Understanding and Japanese, Emerita, taught Japanese language and literature at Carleton from 1983 to 2015, and for ten years before that at Columbia University and The University of Michigan. Her scholarship focuses on modern fiction, and she has translated works by Yukio Mishima and others, but, over the years, she has offered courses on every genre and every age of Japanese literature. Katie has directed or otherwise facilitated many off-campus study programs in Tokyo and Kyoto, including one for Carleton faculty members in 2000. All told, she has spent about twelve years in Japan, beginning in 1963. These days Katie makes pottery in Northfield, stretching skills accumulated under the guidance of a talented—and patient—Kyoto potter.

Musashi Tachikawa is a Harvard Ph.D. and Doctor of Letters from Nagoya University. He has taught Sanskrit, Hinduism, Indian and Tibetan Buddhism, and Buddhist history, at Nagoya and elsewhere, since 1970. As a visiting professor at Leiden University, The University of Chicago, and The University of California, Berkeley, Musashi has offered courses on Indian logic and Buddhist iconography. From 1993 to 2003 he served as Professor and mounted exhibitions at The National Museum of Ethnology, Osaka. His research interests are wide-ranging, from the theoretical structure of religions (Buddhism, Hinduism, and Shinto) to close analysis of temples, rituals, and mandalas. Last year Musashi published a two-volume history of Buddhism throughout Asia. His current work focuses on Japanese tantrism and Pure Land Buddhism.
A mysterious island nation, one of unsurpassed natural beauty and way of life, Japan and its fascinating culture are laden with ancient spiritual rituals, symbolism, and rich, storied tradition. Tea ceremonies, Noh drama, ikebana (flower arrangement, also known as kado or “the way of the flowers”), matsuri (the many seasonal festivals of worship), and classical landscape gardens are just some of the long-held traditions. Look for these different types of gardens: the paradise garden, kare-sansui (dry landscape) garden, strolling garden, and tea garden—each with a different symbolic interpretation. Silent contemplation will reveal the lessons of the kare-sansui rock garden at Ryoan-ji, Kyoto’s Temple of the Peaceful Dragon, founded in 1450. This garden, one of the most famous in the world, represents the ultimate expression of Zen Buddhism. Legend says that only 14 of the 15 rocks in the garden can be seen at once, and only when one attains spiritual enlightenment does the final stone reveal itself.
Home City/ Osaka, Japan/Kyoto

Day 1 and Day 2
Depart the U.S. and cross the International Date Line. Arrive in Osaka, then transfer to impeccably preserved Kyoto.
Check in to the KYOTO HOTEL OKURA and enjoy an evening at leisure. Overnight at the KYOTO HOTEL OKURA for three nights.

Kyoto

Day 3
Visit the UNESCO World Heritage Site of Kinkaku-ji Temple, the vaunted “Golden Pavilion.” Continue on to Ryoan-ji Temple, constructed as an aristocrat’s villa during the Heian Period (794 to 1185).
Enjoy the afternoon at leisure and a welcome reception this evening.

Kyoto

Day 4
Visit the UNESCO World Heritage-designated monument of Kiyomizu-dera (“Pure Water Temple”), where the main hall and veranda were built without a single nail. Experience the serenity of the temple’s monumental hondo (main hall) and visit Otowa Falls, where a sip of the “pure water” is reputed to bestow health, success or beauty.
This afternoon, learn more about shogun history at the UNESCO-designated Nijo Castle, built for shogun Tokugawa Ieyasu.

Himeji/Embark

Day 5
Enjoy a guided visit of the grounds surrounding UNESCO World Heritage-designated Himeji Castle, Japan’s most stunning and best-preserved feudal fortress. Embark the ship this afternoon. Overnight aboard ship for seven nights.

Hagi

Day 7
Tour Hagi’s emblematic 17th-century Toko-ji Temple and walk past dwellings that once housed samurai in the city’s old castle town. Visit the Kikuyake House—one of the best-preserved examples of merchant-style architecture from the Edo period (1603 to 1868)—and explore the Hagi Uragami Museum.

Sakaiminato for Matsue

Day 8
Tour the Adachi Museum of Art, where 20th-century and modern Japanese art coalesce with six landscaped gardens as “living paintings,” and see 17th-century Matsue Castle. Enjoy onboard lectures this afternoon while cruising the Sea of Japan.

Ulsan, South Korea, for Gyeongju

Day 9
Travel from Ulsan in rural South Korea to the cradle of
Day by Day Itinerary

Always Included with Gohagan & Company

Ryoan-ji Temple gardens

Kinkaku-ji Temple

the Silla Kingdom (57 B.C. to A.D. 935) in historical Gyeongju. Visit the stunning eighth-century Bulguksa Temple and learn about Silla history in the Gyeongju National Museum, which houses more than 30,000 artifacts, before touring the Royal Burial Mounds at Tumuli Park.

Moji, Japan

Day 10

Visit the striking 12th-century Akama Shrine, dedicated to the child emperor Antoku. Enjoy a Captain’s farewell reception on board the ship this evening.

Uno for Kurashiki/ Okayama

Day 11

Travel to the Kurashiki Bikan District to visit the old merchant quarter and see the traditional, black-tiled houses—painted white and situated along a canal framed with weeping willows. This afternoon, walk through the beautiful Koraku-en Garden in Okayama. This strolling garden is unique for its large, grassy areas and distinctive wooden Ryuten, a pavilion with a stream running through it.

Osaka/Disembark/ Fly Home

Day 12

After breakfast, disembark and continue on the Osaka and Nara Post-Program Option or transfer to the airport for your return flight home.

BOOK WITH CONFIDENCE!

No cancellation fees for new bookings until 95 days prior to trip departure.

- Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s)
- Experienced, English-speaking local guides for included excursions.
- Gratuities to local guides and drivers on included excursions and transfers.
- Complimentary bottled water in your suite or stateroom and on excursions.
- Hospitality desk aboard the ship.
- Experienced Gohagan & Company Travel Directors at your service.
- Complimentary use of an audio headset during guided excursions.
- Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
Small Ship, State-of-the-Art Design
Join us aboard the exclusively chartered, five-star Le Soléal, where distinctive French sophistication meets innovative nautical design. The ship’s efficient electrical propulsion system and custom stabilizers provide an exceptionally smooth, quiet, and comfortable voyage. Complimentary alcoholic and nonalcoholic beverages and internet access are available throughout the cruise. All meals aboard ship are included.

Elegant Suites and Staterooms—95% Include Private Balconies
Each of the 110 five-star staterooms and suites (up to 484 square feet) features an ocean view and most have a private balcony. All accommodations feature individual climate control, either two twin beds or one queen bed, a private bathroom with shower, and luxury hotel-style hotel amenities, including a flat-screen television, a safe, a full-length closet, plush robes, and slippers.

<table>
<thead>
<tr>
<th>Category</th>
<th>LAND/Cruise Rates excluding taxes</th>
<th>Early Booking Savings through Sept. 21, 2022</th>
<th>Rate after Sept. 21, 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>Superior stateroom, large window and bathroom with shower. Deck 3, forward. (limited availability.)</td>
<td>$6,595</td>
<td>$7,585</td>
<td></td>
</tr>
<tr>
<td>Deluxe stateroom, single door to partial-wall balcony. Deck 3, midship.</td>
<td>$7,695</td>
<td>$8,845</td>
<td></td>
</tr>
<tr>
<td>Prestige stateroom, expansive sliding glass door, private or partial-wall balcony. Deck 4, forward and midship.</td>
<td>$8,995</td>
<td>$10,345</td>
<td></td>
</tr>
<tr>
<td>Prestige stateroom, sliding glass door, some have partial-wall balconies, private balcony, shower or tub/shower. Deck 5, forward.</td>
<td>$9,995</td>
<td>$11,495</td>
<td></td>
</tr>
<tr>
<td>Prestige stateroom, sliding glass door, private balcony, shower or tub/shower. Deck 6, midship.</td>
<td>$10,995</td>
<td>$12,645</td>
<td></td>
</tr>
<tr>
<td>Deluxe Suite</td>
<td>Expansive sliding glass door, large private partial-wall balcony, tub/shower, sitting area with sofa. Deck 6, midship. (limited availability.)</td>
<td>$12,395</td>
<td>$14,255</td>
</tr>
<tr>
<td>Prestige Suite II</td>
<td>Two rooms, expansive sliding glass door, large private balcony, two bathrooms: tub/shower and shower, large sitting area with sofa, two closets. Deck 5, midship. (limited availability.)</td>
<td>$12,995</td>
<td>$14,945</td>
</tr>
<tr>
<td>Prestige Suite I</td>
<td>Two rooms, expansive sliding glass door, large private balcony, two bathrooms: tub/shower and shower, large sitting area with sofa, two closets. Deck 6, midship. (limited availability.)</td>
<td>$13,995</td>
<td>$16,095</td>
</tr>
<tr>
<td>Owner’s Suite</td>
<td>One bedroom, sitting room with sofa, table and four chairs, expansive sliding glass doors, larger private balcony, one and a half bathrooms, separate tub and shower. Deck 6, midship. (limited availability.)</td>
<td>$15,995</td>
<td>$18,395</td>
</tr>
</tbody>
</table>

Single supplements apply across all categories at 160% of the per person double price.

Le Soléal has been specially contracted for this program and the deck plan is available online or upon request from Carleton Alumni Adventures.
Pre-Program Option

Iconic Tokyo
April 15 to 19, 2023
Explore Tokyo on a comprehensive three-night itinerary that includes a full-day excursion to Hakone, home to majestic Mount Fuji, and a journey aboard the high-speed Shinkansen, or bullet train, to Kyoto. Pass through the Kaminari Gate to visit the Senso-ji Temple, originally built in the seventh century. Accommodations are at the five-star Ana INTERCONTINENTAL HOTEL TOKYO.

Price per person, based on double occupancy: $1,695
Price per person, based on single occupancy: $2,295

Post-Program Option

Osaka and Nara
April 29 to May 1, 2023
Extend your time in Osaka on a two-night itinerary that includes a visit to the Osaka History Museum, showcasing Osaka’s interesting culture as a merchant city. Enjoy an excursion to the tranquil city of Nara, Japan’s oldest capital. Visit the iconic Horyu-ji Temple, where a seventh-century, five-story pagoda stands as a testament to Japan’s history; and Todaiji, the “Great Eastern Temple,” one of Japan’s most famous and historically significant temples. Accommodations are for two nights in the five-star INTERCONTINENTAL HOTEL OSAKA.

Price per person, based on double occupancy: $1,145
Price per person, based on single occupancy: $1,545

Further details will be provided with your reservation confirmation.
Please make my/our reservation(s):

Category: 1st Choice _______ 2nd Choice _______

- Double (two twin beds).
- Double (one queen bed).
- Single accommodations.
- Single but prefer to share and will allow you to select my roommate (shares cannot be guaranteed).

Iconic Tokyo Pre-Program Option
April 15 to 19, 2023

- Double $1,695 per person.
- Single $2,295 per person.
- I am reserving as a single but prefer to share accommodations.

Osaka and Nara Post-Program Option
April 29 to May 1, 2023

- Double $1,145 per person.
- Single $1,545 per person.
- I am reserving as a single but prefer to share accommodations.
- I/We want you to book my/our air (at additional cost) from:
  __________________________________________________________
  (fill in departure city)

- I/We will make my/our own air arrangements.

Title          Full Name                         Carleton Class of

Program reservations require a deposit of $800 per person.
- Enclosed is my/our check(s) for $__________.
  Make check(s) payable to EOS Passenger Account - CAA JapanGOH 4/23.
- I/We request that you contact me/us via telephone or email for payment by ACH.
- I/We authorize you to charge a deposit of $_________ to:
  American Express  MasterCard  Visa

Card Number           Exp. Date

Signature as it appears on credit card

Please note: Terms and Conditions are available upon request

First participant’s signature         Date
Second participant’s signature         Date

Final payment is due 95 days prior to departure and must be by check, ACH transfer, or wire transfer only; credit cards are not accepted for final payment.

*No land/cruise cancellation fees until 95 days prior to departure (January 13, 2023)!