



ALL ABOUT HIV

HIV stands for **human immunodeficiency virus**, and is a virus that **attacks the immune system**. There is **no cure** for HIV, but there are **treatment options to control the infection**. When untreated, HIV can lead to **acquired immunodeficiency syndrome (AIDS)**, which is a severely weakened immune system and can lead to severe infection.

How can I tell if I've been exposed?

The only way to know for sure if you have HIV is to **get tested**. Knowing your HIV status gives you powerful information so you can take steps to keep yourself and your partner(s) healthy.

- **If you test positive**

- you can take medicine to treat HIV, called antiretroviral therapy (ART)
- if taken as prescribed, it may keep the viral load undetectable, allowing you to live a long and healthy life and will prevent HIV transmission to HIV-negative partners through sex

- **If you test negative**

- you have the option of taking pre-exposure prophylaxis (PrEP), a medicine people at risk for HIV take to prevent getting HIV from sex or injection drug use
- you have the option of taking post-exposure prophylaxis (PEP), HIV medicine taken within 72 hours after a possible exposure to prevent the virus from taking hold.

Find Resources



HIV Testing



HIV Prevention



Living with HIV

