



All you need to know about



STI

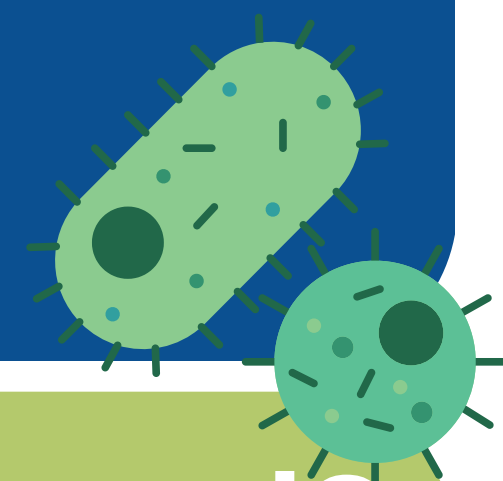


What is an STI?

- STIs are any infection that is transmitted between people during sex
- 1 in 5 people in the US has an STI (68 million people)
- Symptoms can develop immediately upon infection but some are not detectable for years later, and can lead to infertility
- Some STIs can increase the risk of HIV acquisition.
- **ANYONE** can get an STI

Myths

- "If I don't have symptoms then I shouldn't have an STI."
 - Most STIs are asymptomatic, someone can have an STI and transmit it without having symptoms.
- "I don't have to worry about getting an STI if I only have oral sex."
 - Oral Sex is one of the ways that STIs are most frequently passed on.
- "Most STIs go away on their own, so if I ignore it I will be ok."
 - Untreated STIs can grow unchecked for years, increase risk of acquiring another STI, and cause potentially deadly diseases to develop.
- "If I am not sexually active, then I can't get an STI."
 - It is possible to get some STIs through kissing.

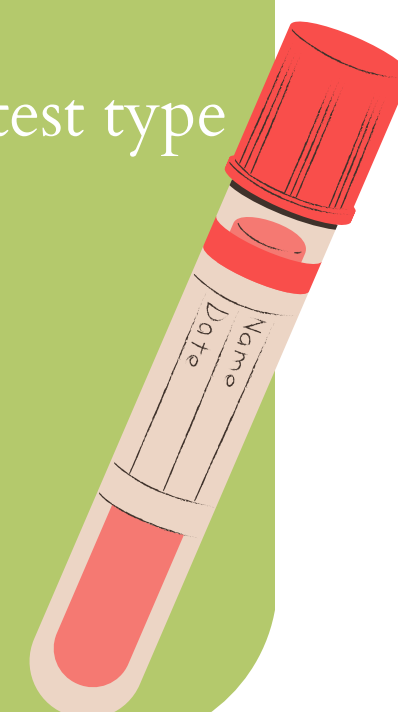


Prevention

- Condoms are highly effective at preventing transmission of most STIs (exceptions include herpes, genital warts, and syphilis)
- Limiting sexual partners and getting tested beforehand
- There are vaccinations available for Hepatitis B and HPV

Where to get tested?

- **SHAC:** STI testing by appointment
 - Chlamydia/Gonorrhea testing: \$35 or \$45, depending on test type
 - HIV: \$20
 - Syphilis: \$10 or \$20, depending on test type
- **Northfield Hospital**
 - Available 24/7
- **Planned Parenthood**
 - Apple Valley
 - Low to no cost





HOW TO PREVENT SEXUALLY TRANSMITTED INFECTIONS

5 SIMPLE TIPS

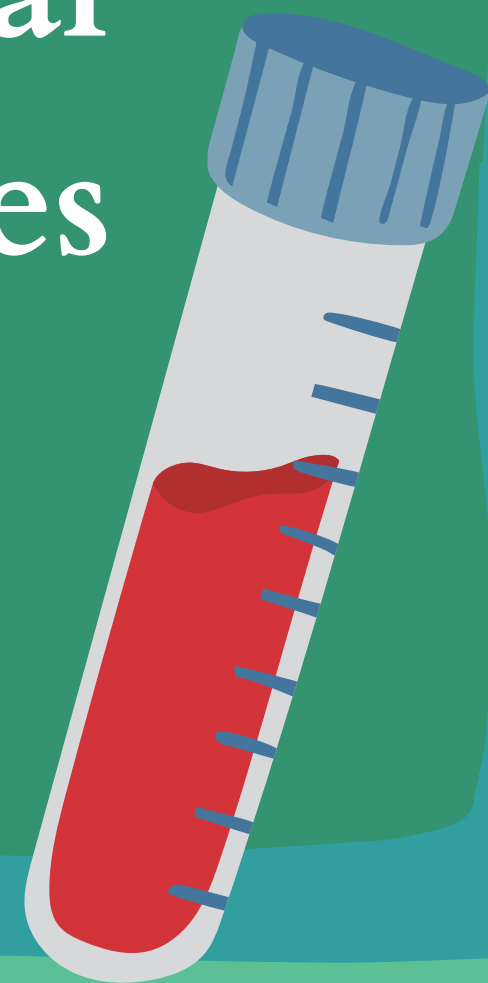
1. Wear a condom every time!



3. Reduced sex partners



2. Get tested before engaging in sexual activities



4. Talk to your partner



5. Get vaccinated



MORE INFO:





SEXUALLY TRANSMITTED INFECTIONS

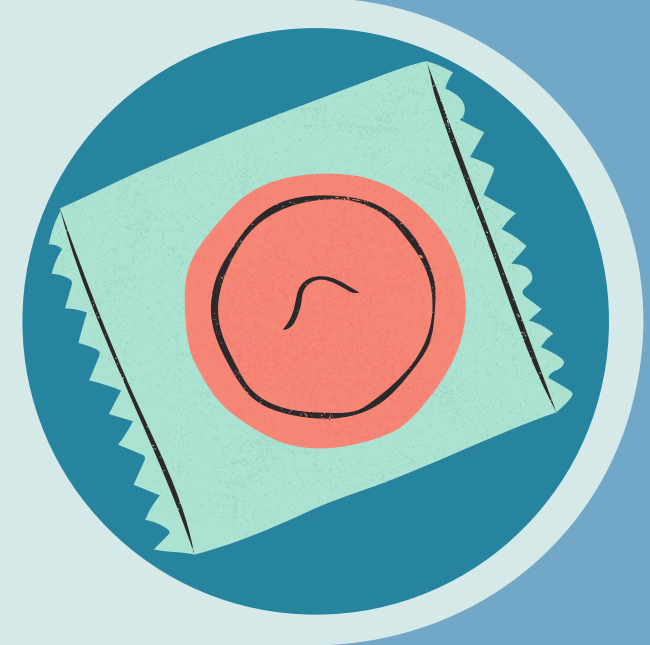


What is an STI?

An STI is any infection transmitted between people during sex.

How to prevent it?

Wearing condoms and asking your partner to get tested can prevent many but not all STIs.



Quick facts about STIs

Some but not all STIs are curable.

Vaccines are available for hepatitis B and HPV.

Condoms may not prevent Chlamydia, Gonorrhea, and Syphilis.

When should you get tested?

Before having sex with a new partner, you and your partner should both get tested.



Where to get tested?

SHAC: testing by appointment

Northfield Hospital: 24/7 test

Planned Parenthood: low to no cost

More information at

