"Consent" means the mutual understanding of words or actions freely and actively given to participate in mutually agreed upon sexual activity.

1. **Consent can be withdrawn at any time**
   Even if you said “yes” a few minutes ago, you can say no at any time!

2. **Consent today is not consent tomorrow**
   If you said yes two days ago, you don’t have to say yes today.

3. **Coercion ≠ Consent**
   It is only consent if you have a choice. Don’t keep asking someone if they have already said no.

4. **Unresponsive people can’t consent**
   If you find someone passed out, make sure they are safe.

5. **Here are some ways to ask for consent**
   - May I hug you?
   - Can I kiss you?
   - How far do you want to go?
   - Are you comfortable with this?
   - Would it be okay if I _____?

**Resources**
- SMPR & Title IX
- OHP
- SHAC
- Office of the Chaplain
- Hope Center

*Purple text = Confidential Resource

References