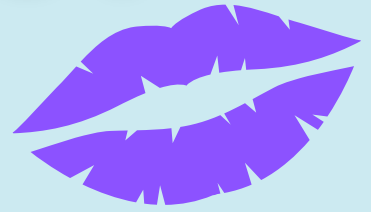


CONSENT 101

“Consent” means the mutual understanding of words or actions **freely and actively given** to participate in mutually agreed upon sexual activity.



1

CONSENT CAN BE WITHDRAWN AT ANY TIME

Even if you said “yes” a few minutes ago, you can say no at any time!

2

CONSENT TODAY IS NOT CONSENT TOMORROW

If you said yes two days ago, you don’t have to say yes today.

3

COERCION ≠ CONSENT

It is only consent if you have a choice. Don’t keep asking someone if they have already said no.

4

UNRESPONSIVE PEOPLE CAN’T CONSENT

If you find someone passed out, make sure they are safe.

5

HERE ARE SOME WAYS TO ASK FOR CONSENT

- May I hug you?
- Can I kiss you?
- How far do you want to go?
- Are you comfortable with this?
- Would it be okay if I ____?

RESOURCES

- SMPR & Title IX
- OHP
- SHAC
- Office of the Chaplain
- Hope Center

*Purple text = Confidential Resource

References

Planned Parenthood. (n.d.). What Is Sexual Consent? Retrieved October 1, 2021 from <https://www.plannedparenthood.org/learn/relationships/sexual-consent>

SMPR.(n.d). What is Consent?. Retrieved October 1, 2021 from <https://www.carleton.edu/sexual-misconduct/>

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