Scoring Instructions for
The Smoking Abstinence Expectancies Questionnaire (SAEQ)

1. Somatic Symptoms Subscale score
Add scores from items 1, 5, 9, 13, 17, 21, and 25.

2. Negative Mood Subscale score
Add scores from items 2, 6, 10, 14, 18, 22, and 26.

3. Harmful Consequences Subscale score
Add scores from items 3, 7, 11, 15, 19, 23, and 27.

4. Positive Consequences Subscale score
Add scores from items 4, 8, 12, 16, 20, 24, and 28.

5. SAEQ Total score
   - First, reverse code the Positive Consequences Subscale score (i.e., 42 – subscale score).
   - Then, add together the Somatic Symptoms Subscale score, the Negative Mood Subscale score, the Harmful Consequences Subscale score, and the reverse-coded Positive Consequences Subscale score.

Source: